

Other tests

Your doctor might also recommend an X-ray or ultrasound to show the exact location and size of the Peyronie's plaque and to check the blood flow through your penis.

These tests will also show if there is any calcification or hardening of the plaque, which could influence the way your doctor manages your condition.²

Treatments

There are a number of treatment options for Peyronie's disease, including different types of surgery, injections, oral medications, and other therapies.² Your doctor will perform a thorough assessment and carefully consider your individual situation, before recommending an appropriate treatment for you.

Should you wish to learn more about the various treatment options for Peyronie's disease, please speak with your doctor.

What now?

If you have a curve or bend in your penis that bothers you, or think you might have Peyronie's disease, the best thing you can do is speak with your doctor.

When to seek emergency medical advice

Sometimes men experience symptoms that are associated with Peyronie's disease but are actually caused by a different condition, which may require immediate medical attention. If you experience any symptoms that appear suddenly, seek urgent medical advice from your doctor or the nearest hospital emergency room.

References

1. Hellstrom WJ. *J Androl* 2009; 30:397–405.
2. Ralph D *et al.* *J Sex Med* 2010; 7:2359–74.

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How is

Peyronie's

disease

diagnosed?

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For more information visit

www.peyronie.com.au

What is Peyronie's disease?

Peyronie's (pronounced **"pay-ROH-nee-z"**) disease is the development of scar tissue, also known as a Peyronie's plaque, under the skin of the penis. This causes it to curve during an erection.¹

It's not unusual for the normal erect penis to be slightly curved. But it's not normal for a curvature to develop suddenly or slowly over time.

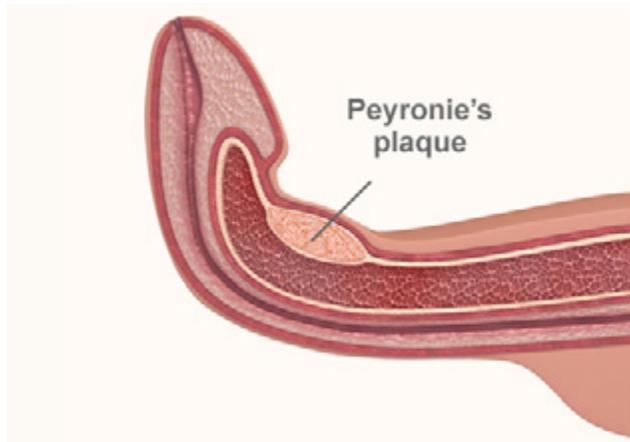


Illustration of a Peyronie's plaque

Diagnosing Peyronie's disease

If you think you might have Peyronie's disease, the best thing to do is speak with your doctor. Your doctor may refer you to a urologist or sexual health physician for further investigation.

Early diagnosis will allow your doctor to determine the best way to manage your Peyronie's disease.

Don't be afraid to ask your doctor if he or she is familiar with this condition. It's okay to ask for a referral to see a urologist or sexual health physician if you would like to talk to a doctor who specialises in conditions that affect the penis.

Many men with Peyronie's disease remain undiagnosed because they are too embarrassed to seek help from their doctor

What to expect at your appointment

Doctors can usually diagnose Peyronie's disease by asking questions about symptoms and performing a physical examination. Lumps caused by Peyronie's plaques can often be seen and felt when the penis is soft.

Physical examination

For the doctor to see how curved your penis is, your penis needs to be erect.

You might be asked to bring a photo of your erect penis to your consultation, or your doctor may induce an erection using medication. This will allow your doctor to measure how much your penis curves.

Measuring your curve before any treatment will provide a baseline so that you and your doctor can monitor how effective treatments have been by re-assessing the curve during and after treatment.