

How is Peyronie's disease treated?

A range of medical and surgical options are available to treat Peyronie's disease. Your doctor can perform a proper assessment and discuss the best way to manage your Peyronie's disease.⁴

What if I don't seek treatment?

For around 12% of men with Peyronie's disease the problem eventually goes away without any treatment.^{1,3,4} But for most men, symptoms either stay the same or get worse over time.^{1,3,4}

Emotional effects of Peyronie's disease

For many men with Peyronie's disease, the impact goes beyond the physical symptoms. Peyronie's disease may affect their sexual, emotional and social wellbeing.³ It can also affect the partners of men with the condition.

What now?

If you have a curve or bend in your penis that bothers you, or think you might have Peyronie's disease, the best thing you can do is speak with your doctor.

Your doctor may refer you to a doctor who specialises in problems that affect the penis. Early diagnosis will allow your doctor to determine the best way to manage your Peyronie's disease.

References

1. Hellstrom WJ. *J Androl* 2009; 30:397–405.
2. Moreland RB *et al.* *Int J Impot Res* 2002; 14:406–10.
3. Bella AJ *et al.* *J Sex Med* 2007; 4:1527–38.
4. Ralph D *et al.* *J Sex Med* 2010; 7:2359–74.

©2016 Actelion Pharmaceuticals Australia Pty Ltd.
Suite 6, 13B Narabang Way Belrose, NSW 2085. Ph. +612 9486 4600.

Date of preparation: April 2016. XIA-2016-0068. ZEST/ATLSY010/0416



Peyronie's

Disease

If you have a curved or bent penis when you have an erection, you might have a condition called Peyronie's disease.

For more information visit

www.peyronie.com.au

What is Peyronie's disease?

Peyronie's (pronounced "pay-ROH-nee-z") disease is the development of scar tissue, also known as a Peyronie's plaque, under the skin of the penis. This causes it to curve during an erection.¹

The cause of Peyronie's disease is not clear, but doctors believe it could be due to injury to the penis, perhaps during sex. Genetic factors might also be involved.²

A Peyronie's plaque most commonly occurs on the topside of the penis, causing it to curve upwards when erect.²

Some men can feel the Peyronie's plaque as a bump directly under the skin.

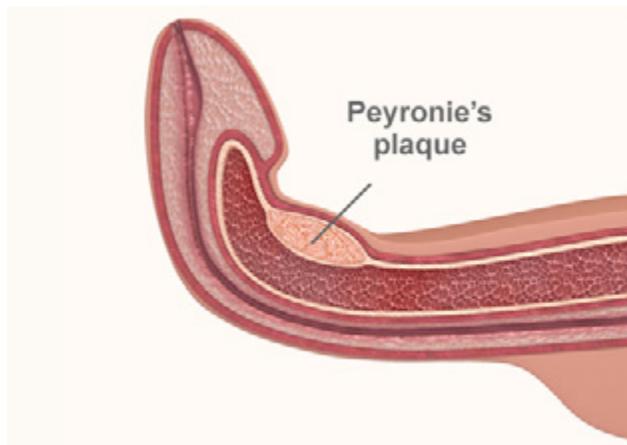


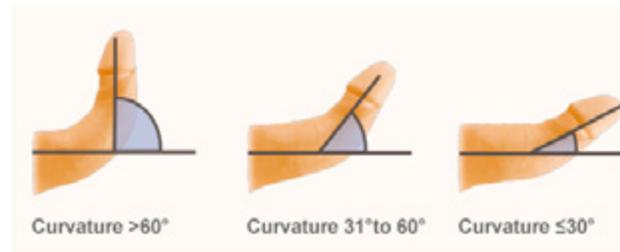
Illustration of a Peyronie's plaque

Why the curve?

A Peyronie's plaque is made from a substance called collagen, which is unable to stretch. So when you have an erection, your penis can't expand in the area where the plaque is located.

Peyronie's disease causes the erect penis to curve upwards, or downwards, or to the left or right. The direction of the curve depends on where the plaque develops.

It's not unusual for the normal erect penis to be slightly curved. But it's not normal for a curvature to develop suddenly or slowly over time.



The degree of the curve during an erection can vary among men with Peyronie's disease. The curve may range from being barely noticeable to an angle greater than 90 degrees.

Symptoms of Peyronie's disease

The most noticeable symptom is a curve in the penis during an erection.² However, other common symptoms include:^{3,4}

- a bump under the skin of the penis
- pain during an erection
- bending or curving of the penis during an erection
- narrowing or shortening of the penis
- problems achieving or maintaining an erection.

You may not experience all of these symptoms. Sometimes men experience symptoms that are associated with Peyronie's disease but are actually caused by a different condition, which may require immediate medical attention. If you experience any symptoms that appear suddenly, seek urgent medical advice from your doctor or the nearest hospital emergency room.