



Instructions for the prescribing and supply of penile injection medication

Genitourinary Physician

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1. The penile injection medication your patient has been using is not available from a community pharmacist. It is manufactured and supplied by Complementary Compounding Services (Tel 02 66862244/Fax 02 66862257) upon receipt of a prescription from a registered medical practitioner.
2. This medication contains either alprostadil alone (20mcg/ml) or in combination with papaverine and phentolamine (Trimix) in varying concentrations. A small number of patients use Vasoactive Intestinal Peptide (VIP) combined with phentolamine (Invicorp). Details of the injection medications used can be found in Appendix A.
3. Please do not use other compounding pharmacists as their penile injection medication may have different component drugs and concentrations.
4. Management of erectile dysfunction (ED) with penile injection therapy is well within the extensive capabilities of a skilled and interested general practitioner. However, patients can be referred to a urologist or a sexual health physician with an interest in sexual dysfunction. Details of alternative sexual health specialist doctors can be downloaded from the Centre website (acsh.com.au)
5. The normal procedure is that the patient or prescribing doctor would fax the prescription to Complementary Compounding Services with expected delivery by modified cold-chain courier delivery within 5 to 7 days. Medication is supplied as a multi-dose vial alone or if requested, with an access pack of 20 x BD U100 31g syringes/alcohol swabs. Medication is stored either in the fridge or freezer according to the manufacturer's directions.
6. Your patient has been instructed in the technique of self injection, is aware of the process of dose adjustment, has already identified the lowest effective dose and has been supplied with an injection instruction brochure. This brochure can be downloaded from the Centre website (acsh.com.au).
7. Patients require review every 6 months as surveillance for corporal fibrosis. This is an uncommon complication of injection therapy and is more likely to occur in men who inject more than 3 or 4 times a week and in men who use poor injection technique. Corporal fibrosis may present with the presence of thickening or nodularity of the corpora, penile curvature and or other penile deformities.

I hope this information is of assistance to you

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Appendix A

- ALPROSTADIL
- PAPAVERINE/PHENTOLAMINE
- TRIPLE MIX
- TRIPLE MIX WITH 2% XYLOCAINE
- MEGA TRIPLE MIX
- MEGA TRIPLE MIX WITH 2% XYLOCAINE
- SUPER MEGA TRIPLE MIX
- SUPER MEGA TRIPLE MIX WITH 2% XYLOCAINE
- EXTRA SUPER MEGA TRIPLE MIX
- EXTRA SUPER MEGA TRIPLE MIX WITH 2% XYLOCAINE
- INVICORP