

Facts about PEYRONIE'S DISEASE

PEYRONIE'S DISEASE IS A HEALTH ISSUE IN WHICH SCAR TISSUE, CALLED

PLAQUE, FORMS UNDER THE SKIN OF THE PENIS. MOST OFTEN, THIS PLAQUE BUILDS UP, LEADING TO

CURVED ERECTIONS, WHICH CAN BE PAINFUL.



THE PLAQUE THAT BUILDS IN PEYRONIE'S DISEASE IS **NOT THE SAME** PLAQUE THAT CAN BUILD IN A PERSON'S ARTERIES.

PEYRONIE'S DISEASE IS THOUGHT TO IMPACT ABOUT

6% OF MEN

BETWEEN THE AGES OF 40 AND 70 YEARS OLD.



THE NUMBER OF PEYRONIE'S CASES MAY BE **HIGHER** THAN THE PREDICTIONS BECAUSE MANY MEN MAY BE **TOO EMBARRASSED** TO SEEK HELP FROM THEIR DOCTOR.

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TREATMENT OPTIONS ARE AVAILABLE. A UROLOGIST MAY TREAT PEYRONIE'S USING NON-SURGICAL OR SURGICAL TREATMENTS. **TALK TO YOUR DOCTOR AS SOON AS POSSIBLE FOR THE BEST OUTCOMES.**

NON-SURGICAL TREATMENTS MAY INCLUDE SHOTS **DIRECTLY INTO THE PLAQUE.** THIS BRINGS HIGHER DOSES OF THE DRUG **DIRECTLY TO THE PROBLEM.** COLLAGENASE, INTERFERON AND VERAPAMIL INJECTIONS HAVE BEEN **PROVEN TO WORK.**

A UROLOGIST MAY ALSO USE **SURGICAL CARE** TO REMOVE SCAR TISSUE AND LESSEN PLAQUE SIZE AND/OR CURVATURE. THESE TREATMENTS INVOLVE:

STRAIGHTENING SURGERY (PLICATION)

REMOVING THE PLAQUE AND
ADDING TISSUE (GRAFT)

REMOVING PLAQUE AND INSERTING
A PENILE PROSTHESIS

SIGNS OF PEYRONIE'S DISEASE MAY INVOLVE:

- A CURVE IN THE PENIS
- HARD LUMPS ON ONE OR MORE SIDES OF THE PENIS
- PAINFUL ERECTIONS
- SOFT ERECTIONS
- HAVING TROUBLE WITH SEX OR HAVING SEX THAT HURTS BECAUSE OF A BENT/CURVED PENIS

THINGS THAT CAN RAISE A MAN'S CHANCE OF HAVING PEYRONIE'S DISEASE:

RUNS IN THE FAMILY

FORCEFUL SEXUAL OR NONSEXUAL ACTIONS THAT TIME AFTER TIME CAUSE MINOR INJURIES TO THE PENIS

CERTAIN CONNECTIVE TISSUE AND AUTOIMMUNE PROBLEMS

A UROLOGIST **CLASSIFIES** PEYRONIE'S DISEASE BASED ON:

- A FULL HEALTH EXAM
- SOMETIMES AN ULTRASOUND OF THE PENIS
- HEALTH AND FAMILY RECORDS

EXPERTS DO NOT KNOW HOW TO STOP PEYRONIE'S DISEASE BEFORE IT STARTS.

PEYRONIE'S WAS NAMED AFTER THE FRENCH SURGEON **FRANÇOIS GIGOT DE LA PEYRONIE**, WHO DESCRIBED IT IN 1743.

PEYRONIE'S DISEASE IS **NOT** A DISEASE YOU CAN CATCH FROM SOMEONE ELSE AND IT IS **NOT** CAUSED BY ANY KNOWN DISEASE THAT CAN BE PASSED TO OTHERS.

MYTH: PEYRONIE'S DISEASE ONLY IMPACTS MEN OVER 50 YEARS OF AGE

FACT: UP TO 10 PERCENT OF THOSE WITH PEYRONIE'S ARE AGE 40 OR YOUNGER

For more information about Peyronie's Disease, visit the Urology Care Foundation's website: UrologyHealth.org/Peyronies.

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